



Manager's Musings

As the weather turns cooler, it's an opportunity to embrace the coziness of home. Whether it's enjoying a warm beverage by the fireplace or cozying up with a good book, October is perfect for savoring simple pleasures. It's a time to create spaces of comfort and warmth, reflecting the nurturing environment that our community strives to provide.



Dirk Roghair
General Manager



Marjorie Wakefield
915-306

Member Spotlight

This month, Marjorie Wakefield will reach the century milestone of 100 years! She was born in Saint Paul, Minnesota, to Swedish American parents on October 28, 1924. Marj, their only child, spent her early years in Minnesota. Wouldn't they be surprised and happy to see her now?!

A relative has written that Marj was born in the Roaring Twenties, raised during the Great Depression in the 1930s, and came of age during the World War II years of the 1940s. She then married and raised her own family during the post-war Baby Boom.

Marj married Wallace Wakefield and they had two daughters in Minnesota, Deborah and Janet. Her husband worked as a salesman and was later transferred to Des Moines, Iowa, where they added their third daughter, Polly.

As a stay-at-home mom, Marj learned to play bridge, which became one of her favorite skills for life. Her neighbor, an English war bride, taught several women in the neighborhood how to play bridge, which was a great avenue for friendships. Marj also volunteered for her daughters' activities and for her church. She and her family enjoyed many road trips in the United States in those years.

Marj supplemented the family income by working as executive secretary to the president of West Publishing Co., a publisher of lawbooks. She recalls meeting Richard Nixon there. She later worked in the same capacity for the superintendent of the Des Moines schools until she retired. Her husband died in 1996, and Marj moved to the Lodge of Ashworth in 2011, where she has lived happily for the past 13 years. She enjoys meeting other people and has made many good friends during her years here.

Marj looks forward to special birthday celebrations this month with her family, including her three daughters and spouses, nine grandchildren, and twelve great grandchildren, now totaling eleven girls and one boy!

Marj still loves to play games and continues to have strong memory skills. She gives us all this special advice: "Be Kind!" We all wish her a very Happy Birthday!

Creativity at the Lodge

Kathy Means, Quilter Originale and Artistique



Kathy was born in Winterset, Iowa, but she spent her formative years in Stanton, Iowa. She developed an interest in home economics and earned her Bachelor's and Master's degrees in home economics at Iowa State. She taught home economics for 30 years, and she enjoyed the variety this field offered—not only cooking and sewing but family living, budgeting, and child development as well.

I asked Kathy how she became interested in quilting—one of the creative arts. She said her mother had a partially finished, hand sewn quilt which her grandmother had started. Kathy was intrigued! She vowed to complete it, and she did—by hand. Thus began her interest in and devotion to the art of quilting. It became a lifelong hobby which she continues to this day. Kathy said the most enjoyable aspect of quilting for her is creating patterns—she makes her own.

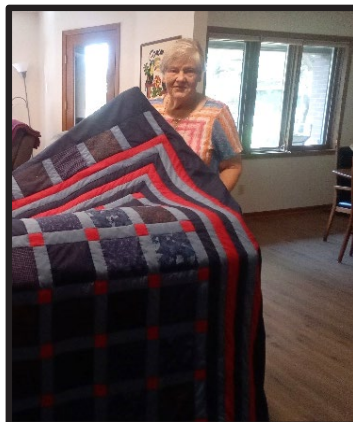
Kathy gifts her quilts, and her children and grandchildren have been the lucky recipients of many of them. One year she gave them as wedding presents to seven different couples. When she lived in Grand Lake, Colorado, she became involved with a charity which needed quilts for babies in Nicaragua. Kathy responded, and over time she made 300 quilts measuring 36 inches by 36 inches for the babies.

Time spent making an individual quilt varies greatly depending on the size of the quilt and the intricacy of the pattern. All of the quilts Kathy has made after her grandmother's have been sewn by machine. Hand quilting just takes too long, and the stitches are not as uniform as those made by machine.



In preparation for her move here, Kathy donated all of her quilting fabrics and supplies to an Indian reservation in South Dakota. She kept her sewing machine, and guess what has happened? She has made nine quilts since she moved to the Elite Lodge!!!! She had to buy all new supplies, but she just couldn't stay away from her art. She will give quilts to family and friends who want them, and the rest will go to the Des Moines Quilting Guild, which knows the charities that are in need of them.

Here's a small sample of the quilts Kathy has created recently. Bravo to you Kathy!



Maintenance



Jacob Patterson,
Maintenance Manager



Toby Torres



Caleb Perry

Our wonderful Maintenance Staff, led by Jacob Patterson, handles all kinds of issues that arise in a community like ours here at the Elite Lodge of Ashworth. So many things come up every day that it's impossible to include here the full range of the things they help us with.

Many of the things they do are for specific Members, like fixing a water heater or a sliding deck door that's gotten off track. But they also work on our shared spaces, like painting our halls a new, brighter color, mowing our lawns to keep them neat, cleaning the garages, keeping the roof in good shape, coordinating the gardens by the tennis courts, and so much more.

We asked Toby Torres what he likes about working at the Lodge. He said that he enjoys his work because of the organization's excellent leadership and the positive attitudes of his fellow workers. Christine Bermudez says that Toby is always willing to go above and beyond. She can vouch for that—he came in on his day off to save her from a wasp as big as a hippo!

Our thanks to Maintenance for all that they do.

Newsletter Staff and Guests

Editor

Kathy Ferguson

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Barbara Bell
Christine Bermudez
Judy Dietrich
Jerry Eisenhour
Kathy Ferguson

Photos

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Nancy Chavannes
Kathy Ferguson
Mimi Ferguson
Sonny Satre

InDesign

Kerri Shimp

...and many other
contributing
Members.

Lodge Notes

Writers Christine Bermudez and Judy Dietrich have decided to leave the newsletter, so that they can experience more of the other things the Lodge has to offer. So, we're looking for other Members who'd enjoy joining the staff! As writers, we participate in planning each issue of the newsletter, we interview Members and staff, or we might research things like the origins of a holiday or the rules of one of the many games available for play here. It's a good way to get to know people we might not have interacted with, and it's a service to our co-Members, helping them keep up with what's going on around the Lodge, like the work of the Grounds Committee, the owl and deer living on our grounds, various Lodge activities, and of course the Spotlights, which help us know our neighbors better. If you're interested, please contact Kathy Ferguson at kathy.ferguson.1947@gmail.com or (515) 556-8240. We'd love to have you join us!

Christine and Judy, thank you for your two years of outstanding contributions!

The newsletter would like to welcome to the team Kerri Shimp, our Sales & Marketing Executive, who will be designing the calendar and using the program Adobe InDesign to put together the materials in the newsletter. Welcome, Kerri!



SUNDAY

MONDAY

TUESDAY

WEDNESDAY



6

3:00 Bingo
6:00 5 Crowns
6:00 Canasta

7

Dry Cleaners
8:00 Exercise
10:00 Women's Pool
10:30 Wii Bowling
1:00 Men's Pool
1:00 Upwords

13

3:00 Bingo
6:00 5 Crowns
6:00 Canasta

14

Dry Cleaners
8:00 Exercise
10:00 Women's Pool
10:30 Wii Bowling
1:00 Men's Pool
1:00 Upwords
2:00 Dick Clark's Discussion Group



HAPPY COLUMBUS DAY

20

3:00 Bingo
6:00 5 Crowns
6:00 Canasta

21

Dry Cleaners
8:00 Exercise
10:00 Women's Pool
10:00 Visiting Nurse (Foot Care)
10:30 Meals From the Heartland
10:30 Wii Bowling
1:00 Men's Pool
1:00 Up Words
3:00 Book Club

27

3:00 Bingo
6:00 5 Crowns
6:00 Canasta

28

Dry Cleaners
8:00 Exercise
10:00 Women's Pool
10:30 Wii Bowling
1:00 Men's Pool
1:00 Upwords

1

8:00 Aquatic Exercise
10:00 Women's Pool
11:00 Liaison Meeting
1:00 Men's Pool
1:00 Cribbage
3:45 Table Talk

8

8:00 Aquatic Exercise
10:00 Women's Pool
1:00 Men's Pool
1:00 Cribbage
2:00 Hospice Seminar
3:45 Table Talk

15

8:00 Aquatic Exercise
10:00 Women's Pool
11:00 Goodcare REHAB Presentation
1:00 Men's Pool
1:00 Cribbage
3:45 Table Talk

22

8:00 Aquatic Exercise
10:00 Women's Pool
1:00 Men's Pool
1:00 Cribbage
3:45 Table Talk

29

8:00 Aquatic Exercise
10:00 Women's Pool
1:00 Men's Pool
1:00 Cribbage
3:45 Table Talk

2

8:00 Exercise
10:00 Women's Pool
10:00 Communion in the Conversation Room
1:00 Men's Pool
1:00 Mah Jongg
6:00 Bridge, Pepper



Rosh Hashanah
10/2 - 10/4

9

8:00 Exercise
10:00 Women's Pool
1:00 Men's Pool
1:00 Mah Jongg
4:00 Wacky Wednesday - The Bar is Open!
6:00 Bridge, Pepper

16

8:00 Exercise
10:00 Grounds Committee
10:00 Women's Pool
1:00 Men's Pool
1:00 Mah Jongg
2:00 Fun in the Lounge - DIY Frames
6:00 Bridge, Pepper

23

8:00 Exercise
10:00 Women's Pool
1:00 Men's Pool
1:00 Mah Jongg
2:00 Fun in the Lounge - Container Salads
6:00 Bridge, Pepper

30

8:00 Exercise
10:00 Women's Pool
1:00 Men's Pool
1:00 Mah Jongg
2:00 Fun in the Lounge - Talk and Snacks!
6:00 Bridge, Pepper

THURSDAY

3

Beauty Shop & Dry Cleaners
 8:00 Aquatic Exercise
 10:00 Strength Exercise
 10:00 Women's Pool
 10:00 Shuttle: Hy-Vee, Fareway,
 & Walmart
 1:00 Men's Pool
1:00 Communion - Vicki Hertko
 4:00 Bible Study
 6:00 Oh Shoot, Up and Down the River
 6:00 Pitch
 6:15 Dominoes

10

Beauty Shop & Dry Cleaners
 8:00 Aquatic Exercise
9:30 Breakfast - Denver Omelets
 10:00 Strength Exercise
 10:00 Women's Pool
 10:00 Shuttle: Hy-Vee, Fareway,
 & Walmart
1:00 Men's Pool Shootout
 4:00 Bible Study
 6:00 Oh Shoot, Up and Down the River
 6:00 Pitch
 6:15 Dominoes

17

Beauty Shop & Dry Cleaners
 8:00 Aquatic Exercise
 10:00 Strength Exercise
 10:00 Women's Pool
 10:00 Shuttle: Hy-Vee, Fareway,
 & Walmart
 1:00 Men's Pool
 4:00 Bible Study
 6:00 Oh Shoot, Up and Down the River
 6:00 Pitch
 6:15 Dominoes

24

Beauty Shop & Dry Cleaners
 8:00 Aquatic Exercise
 10:00 Strength Exercise
 10:00 Women's Pool
 10:00 Shuttle: Hy-Vee, Fareway,
 & Walmart
10:00 Garden Party
1:00 Co-Ed Pool Tournament
 4:00 Bible Study
 6:00 Oh Shoot, Up and Down the River
 6:00 Pitch
 6:15 Dominoes

31

Beauty Shop & Dry Cleaners
 8:00 Aquatic Exercise
9:30 Breakfast - Donut Day
 10:00 Strength Exercise
 10:00 Women's Pool
 10:00 Shuttle: Hy-Vee, Fareway, &
 Walmart
 4:00 Bible Study
 6:00 Oh Shoot, Up and Down the
 River
 6:00 Pitch
 6:15 Dominoes
Halloween

FRIDAY

4


Fall Party
 ALL-DAY EVENT!
 8:00 Exercise
 10:00 Women's Pool
10:00 Menu Review Committee
 10:15 Cornhole
 1:00 Men's Pool
 6:00 Duplicate Bridge

11


YOM KIPPUR
 10/II - 10/12
 8:00 Exercise
 10:00 Women's Pool
10:15 Cornhole Tournament
1:00 Billiard Belles
4:00 Friday Frolics
 6:00 Duplicate Bridge

18

8:00 Exercise
 10:00 Women's Pool
10:15 Cornhole Tournament
 1:00 Men's Pool
4:00 Friday Frolics
 - **Pam Avaux**

25

8:00 Exercise
 10:00 Women's Pool
 10:15 Cornhole
 1:00 Men's Pool
2:30 Fright Night-
Final Act Ensemble
4:00 Friday Frolics
 - **Fred Peters**
 6:00 Duplicate Bridge

SATURDAY

5

Beauty Shop
 2:00 Hearts
 6:00 Bridge



12

Beauty Shop
 2:00 Hearts
 6:00 Bridge

19

Beauty Shop
 2:00 Hearts
 6:00 Bridge

26

Beauty Shop
 2:00 Hearts
 6:00 Bridge

October 2024
Activities



Sports, Games, and Activities

Wii Bowling



Tom Allen, Bev Howe, Bob Treanor, Don Wenger, Marilyn Prendergast, Darlene Treanor, Nancy Chavannes, Barb VandeVenter

Did you know that the Elite Lodge of Ashworth has a bowling alley? Well, sort of, anyway. Each Monday morning at 10:30 AM for an hour in the Pass Time Room, the Nintendo Wii Bowling game is played. A projector in the ceiling shines the game onto the large AV screen at one end of the room. Players in pairs stand to participate at the other end of the room. Wii Bowling gives the feeling and effects of being in a real bowling alley.



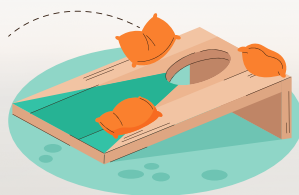
An electronic character that keeps score represents each player. The player places the safety strap around his/her wrist to prevent accidentally throwing the remote, then holds the

Wii remote and presses buttons to throw the bowling ball electronically. As in regular bowling, each player swings his/her arm in an arc and has two chances to knock down the bowling pins on the big screen. The aim, of course, is to score a "strike" by knocking down all of the bowling pins at one time. If pins remain standing after the first throw, the player has one more chance to knock down the remaining pins to score a "spare."

Players in pairs alternate turns as they attempt to win the highest score in 10 rounds. A perfect score is 200. Tom Allen and Beverly Howe supervise the game. For more information, call Tom Allen (608-782-3879).



Cornhole Champs



September Cornhole Tournament: Winners Roy Hansen and Bernie Terhaar



Pool Champs



Billiard Belles: September Winners Darlene Treanor and Barbara Geller



Co-Ed: August Winners Mimi Ferguson and Dave Proudfit



Men's 8-Ball: September Winner Hal Gronewold and Runner-Up Dave Proudfit

Fright Night!

A group we've enjoyed, the Des Moines Community Playhouse's Final Act Ensemble led by Jerry Eisenhour, will be performing for us in the Lodge Dining Room on Friday, October 25, at 2:30. Bring along a brave friend to hold on to, because you're both going to be scared stiff with their old-time radio Halloween show!

Shiver along with the classic story of "The Hitchhiker," when a man finds that his vacation is turning into a nightmare.

Next, prepare to sit on the edge of your seat (and maybe bite your nails!) with "The Premature Autopsy," where we find a man who's had a cataleptic seizure lying in the morgue, next in line to be autopsied! Will he wake up in time...or maybe...?

To learn the terrifying answer, tune in to the Final Act Ensemble's performance, featuring live performers and sound effects. Oh, and there might be a few surprises along the way. Wear your orange and black!

Remember, Friday, October 25, at 2:30. It'll be positively de-frightful!!



A Warm Welcome to our Newest Members!



Peter Potycki
907-103



Dennis and Diane Schlegel
915-315

October Birthdays



Kay Donnelly
10/4



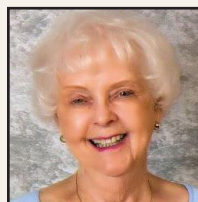
Stevie Mills
10/5



Jan Hall
10/12



Judy Dietrich
10/15



Marj Wakefield
10/28

Happy
100th
Birthday
Marj

The Bee Hotel

You might have noticed something new at the head of Gary Wheeler's Prairie Garden, across the driveway from 927. It's a house for bees! Its purpose is to provide a resting place for bees where they cannot be attacked by other insects. It must be tilted slightly in order to allow rainwater to drain, and it involved additional intricate work, as you can see.



*Great
Job,
Jim
and
Bob!*



Two 90-year-olds, Bob Treanor (l) and Jim Bell (r), created this hotel for the bees. Thanks, guys!

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LODGE
OF ASHWORTH
ELITE

