



## *Manager's Musings*

May is a significant month for me having grown up in Midwest Iowa because of the Dutch Tulip festival.

Highlights include the Dutch pastries, specialized delicacies, gorgeous tulips, marching bands, and an incredible three-day parade. What plans do you have for May in Iowa? What fun activities are you planning to undertake with your family to welcome May?



**Dirk Roghair**  
**General Manager**



**Marilyn and Ned Chiodo**  
**947/106**

## *Member Spotlight*

We welcome new residents Ned and Marilyn Chiodo to the Elite Lodge of Ashworth. They were lifelong residents of Southside Des Moines. Married in 1967, they have four sons and eleven grandchildren who all live in the Des Moines area.

Ned graduated from Dowling High School in 1961, where he was very active in football and baseball and was the basketball team manager. Ned attended Iowa State and Drake Universities. In the 1960s, he coached basketball, football, and baseball as a member of legendary Jim Williams' coaching staff at Dowling.

Marilyn also grew up in Des Moines, and graduated from St. Joseph Academy in 1964. She was a cheerleader and drill team member. She then went to beauty school and worked as a beautician until the birth of their first child.

Marilyn loves to travel and has been to Europe three times. She has cruised the Caribbean and Mediterranean several times with friends. Ned does not like water so he stayed home! Marilyn spent much of her life caring for their sons and focusing on their grandchildren's activities. She also likes to read books.

Ned and Marilyn are very active in politics, and they have hosted in their home every Democrat Presidential nominee from Jimmy Carter to Joe Biden. They especially enjoyed their visit from Ted Kennedy, having breakfast and going to church with the family.

Ned served five terms in the Iowa Legislature from 1977–1985, and one term as Polk County Auditor. Marilyn worked in the Iowa Attorney General's Office until she retired in 2001.

After leaving public office, Ned started a consulting firm that he and his sons now continue. Ned has managed the City of Des Moines Golf Courses since 1971. His company "C Corp" manages Blank, Waveland, Grandview, and Jester Park Golf Courses. Ned was a former golf pro, and he is a life member of the PGA of America.

## Member Spotlight



***Patsy Dunning***  
***915/104***

Patsy Dunning is a lovely lady with some interesting life stories. She was born in Jackson, Tennessee—a town famous as the birthplace of rockabilly music. She graduated from Jackson High School in 1950, and on December 31, 1950, she married her sweetheart. Two days later he left for the Navy, and she learned to live the life of a Navy wife. During this time their three children were born—two girls and one boy—who grew up to be absolutely wonderful! Patsy's husband left the Navy in 1956, and they settled in Memphis, Tennessee, where he had a job as producer for a local television station. I asked Patsy if she had seen Elvis in Memphis. She surprised me by saying that she not only met Elvis because of her husband's job, but became friends with him and his parents!

One day Patsy took her children to the zoo. She was told that she would have to wait several hours for admission as the zoo had been rented out to a private party. "Who rents an entire zoo?" she said. Enter Elvis and his entourage. When he saw Patsy, he walked over and began to visit, leaning on her car. Then he invited her and her family to come with him into the zoo. Of course, they did! Several weeks later, Patsy's husband sold their car and bought a new one. Seeing the new car, the children began to cry. They wanted the car that Elvis had leaned on back!

Another highlight of Patsy's life was her job as Assistant to Roy Culver, a world-renowned engineer. He had a palatial residence in Cannes, France, on the French Riviera. Patsy and her family had a standing invitation to spend their summers there, which they did many times.

Patsy said her hobbies included ballet and tap dancing in high school, and bridge, swimming, and reading throughout her adult life. She came to our Elite Lodge because she has a daughter in Urbandale. We welcome Patsy and encourage her to share more interesting stories with us!

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## Happy Anniversary!

Elite Lodge Members Chuck and Judith Linden, 915/105, recently celebrated their 65<sup>th</sup> wedding anniversary in the Pass-Time room. Wow! Quite an accomplishment!

On March 28, 1968, Chuck and Judith met at an event in Cedar Rapids. Chuck was in town on a short residency as part of his University of Iowa master's program in hospital and health administration, and if Judith had followed her plans to leave the area soon after, they never would have met! That night they talked for hours, and one year later, on March 28, 1969, they were married, with Chuck's father, a Methodist minister, officiating.

Chuck's healthcare leadership career's first decades were in Cedar Rapids, Iowa; Superior, Wisconsin; and Boone, Iowa. Then in 1986, the couple moved to Des Moines for Chuck's position at Iowa Health System (now UnityPoint Health). They moved to the Lodge in September of 2018.

Judith and Chuck have 3 children, 6 grandchildren, and 6 great-grandchildren! During their very happy marriage, they have built a wonderful family and a wonderful life.



Chuck and Jude, congratulations! We all wish you the very best as you embark on your 66<sup>th</sup> year together.

## *Kerri Shimp, Sales and Marketing Executive*



Meet Kerri Shimp, our new Sales and Marketing Executive for the Elite Lodge of Ashworth. It is her job to focus on more visibility for us in the community and to use media and current residents to attract new members and sell more suites here. We are all aware that the senior living market in the greater Des Moines area is very active and competitive. We welcome Kerri to help the Elite Lodge of Ashworth increase our positive visibility in the community.

Kerri was born and raised in Cedar Rapids, Iowa. She has an undergrad degree in communications from the University of Northern Iowa, and a master's degree in counseling from Jacksonville State University in Alabama. She has had a very active life with many relocation experiences as a military wife with four children, all now in their 20s. In recent years, she has lived and worked in the Cedar Falls/Waterloo area. She now lives in Urbandale with her cat, Zuki.

She was a stay-at-home mom as her children matured, and her family moved several times. Her work experience in recent years has included ownership of Caring Transitions in the Waterloo area, a business to assist seniors in their later years with downsizing, packing, relocating, and estate services. She has also been a manager in Waterloo for Stuff, a resale business.

Kerri has had volunteer experiences wherever her family lived. Most recently, she was board president for the Black Hawk Area Swim Team in Waterloo.

In her free time, Kerri enjoys bike riding, walking, cooking, reading, and especially, time spent with her adult children, ages 29, 27, 23, and 20, who all live elsewhere.

You are welcome to stop in to visit Kerri in her office (in Dirk's former office) where food services staff including Teri Quintana are also located. Kerri will be happy to hear suggestions from current members for recruitment of new residents.



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## *Elite Lodge Dog Park*

Marilyn Prendergast and Al Schornack have spruced up the dog run! They wanted Members to have a good place to sit, making it more pleasant and fun for folks who use this fenced area, so they've added a "welcome" ball, a cute little owl statue, and some other amenities. Members and their pets can use the area, located north of Building 947, any time all year round. Check it out! And thanks, Marilyn and Al!



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

# May 2024 Activities



5

## Cinco de Mayo

3:00 Bingo  
6:00 5 Crowns  
6:00 Canasta

12

## HAPPY Mother's Day

2:00 Songfellows  
Sing-along  
3:00 Bingo  
6:00 5 Crowns  
6:00 Canasta

19

3:00 Bingo  
6:00 5 Crowns  
6:00 Canasta

26

3:00 Bingo  
6:00 5 Crowns  
6:00 Canasta

6



## HOLOCAUST REMEMBRANCE DAY

*Dry Cleaners*  
8:00 Exercise  
10:00 Women's Pool  
10:30 Wii Bowling  
1:00 Men's Pool  
1:00 Upwords

13

*Dry Cleaners*  
8:00 Exercise  
10:00 Women's Pool  
10:30 Wii Bowling  
1:00 Men's Pool  
1:00 Upwords  
2:00 Dick Clark's  
Discussion Group

20

*Dry Cleaners*  
8:00 Exercise  
10:00 Women's Pool  
10:00 Visiting Nurse  
(Foot Care)  
10:30 Meals From the  
Heartland  
10:30 Wii Bowling  
1:00 Men's Pool  
1:00 Upwords  
3:00 Book Club

27

## MEMORIAL DAY

### REMEMBER & HONOR

*Dry Cleaners*  
8:00 Exercise  
10:00 Women's Pool  
10:30 Wii Bowling  
1:00 Men's Pool  
1:00 Upwords

7

8:00 Aquatic Exercise  
10:00 Women's Pool  
11:00 Liaison Meeting  
1:00 Men's Pool  
1:00 Cribbage  
2:00 Movie  
3:45 Table Talk

14

8:00 Aquatic Exercise  
10:00 Women's Pool  
1:00 Men's Pool  
1:00 Cribbage  
2:00 Movie  
3:45 Table Talk

21

8:00 Aquatic Exercise  
10:00 Women's Pool  
1:00 Men's Pool  
1:00 Cribbage  
2:00 Movie  
3:45 Table Talk

28

8:00 Aquatic Exercise  
10:00 Women's Pool  
1:00 Men's Pool  
1:00 Cribbage  
2:00 Movie  
3:45 Table Talk

1

8:00 Exercise  
10:00 Women's Pool  
10:00 Communion in  
the Conversation  
Room  
1:00 Men's Pool  
1:00 Mah Jongg  
2:00 Fun in the Lounge  
- Sing-along with  
Ed Peterson  
6:00 Bridge, Pepper

8

8:00 Exercise  
10:00 Women's Pool  
1:00 Men's Pool  
1:00 Mah Jongg  
2:00 Fun in the Lounge  
- Potluck picnic in  
the courtyard  
6:00 Bridge, Pepper

15

8:00 Exercise  
10:00 Grounds  
Committee  
10:00 Women's Pool  
1:00 Men's Pool  
1:00 Mah Jongg  
4:00 Wacky Wednesday  
- The Bar is Open!  
6:00 Bridge, Pepper

22

8:00 Exercise  
10:00 Women's Pool  
1:00 Men's Pool  
1:00 Mah Jongg  
2:00 Fun in the Lounge  
- Napkin folding  
6:00 Bridge, Pepper

29

8:00 Exercise  
10:00 Women's Pool  
1:00 Men's Pool  
1:00 Mah Jongg  
2:00 Fun in the Lounge  
- Build your  
own yogurt  
6:00 Bridge, Pepper

## THURSDAY

**2** *Beauty Shop & Dry Cleaners*  
 8:00 Aquatic Exercise  
 10:00 Strength Exercise  
 10:00 Women's Pool  
 10:00 Shuttle: Hy-Vee, Fareway,  
 & Walmart  
 1:00 Men's Pool  
**1:00 Communion - Vicki Hertko**  
 4:00 Bible Study  
 6:00 Oh Shoot, Up and Down the River  
 6:00 Pitch  
 6:15 Dominoes

**9** *Beauty Shop & Dry Cleaners*  
 8:00 Aquatic Exercise  
**9:30 Breakfast - Denver Omelets**  
 10:00 Strength Exercise  
 10:00 Women's Pool  
 10:00 Shuttle: Hy-Vee, Fareway,  
 & Walmart  
**1:00 Men's Pool Shootout**  
 4:00 Bible Study  
 6:00 Oh Shoot, Up and Down the River  
 6:00 Pitch  
 6:15 Dominoes

**16** *Beauty Shop & Dry Cleaners*  
 8:00 Aquatic Exercise  
 10:00 Strength Exercise  
 10:00 Women's Pool  
 10:00 Shuttle: Hy-Vee, Fareway,  
 & Walmart  
 1:00 Men's Pool  
 4:00 Bible Study  
 6:00 Oh Shoot, Up and Down the River  
 6:00 Pitch  
 6:15 Dominoes

**23** *Beauty Shop & Dry Cleaners*  
 8:00 Aquatic Exercise  
 10:00 Strength Exercise  
 10:00 Women's Pool  
 10:00 Shuttle: Hy-Vee, Fareway,  
 & Walmart  
**1:00 Co-Ed Pool Tournament**  
 4:00 Bible Study  
 6:00 Oh Shoot, Up and Down the River  
 6:00 Pitch  
 6:15 Dominoes

**30** *Beauty Shop & Dry Cleaners*  
 8:00 Aquatic Exercise  
**9:30 Breakfast - Donut Day**  
 10:00 Strength Exercise  
 10:00 Women's Pool  
 10:00 Shuttle: Hy-Vee, Fareway,  
 & Walmart  
 1:00 Men's Pool  
 4:00 Bible Study  
 6:00 Oh Shoot, Up and Down the River  
 6:00 Pitch  
 6:15 Dominoes

## FRIDAY

**3** 8:00 Exercise  
 10:00 Women's Pool  
**10:00 Menu Review Committee**  
 10:30 Cornhole  
 1:00 Men's Pool  
**4:00 Friday Frolics**  
 - **Pam Avaux**  
 6:00 Duplicate Bridge

**10** 8:00 Exercise  
 10:00 Women's Pool  
 10:30 Cornhole  
**1:00 Billiard Belles**  
**4:00 Friday Frolics**  
 - **Ed Berry**  
 6:00 Duplicate Bridge

**17** 8:00 Exercise  
 10:00 Women's Pool  
 10:30 Cornhole  
 1:00 Men's Pool  
 6:00 Duplicate Bridge

**24** 8:00 Exercise  
 10:00 Women's Pool  
 10:30 Cornhole  
 1:00 Men's Pool  
**4:00 Friday Frolics**  
 - **Pat Lydon**  
 6:00 Duplicate Bridge

**31** 8:00 Exercise  
 10:00 Women's Pool  
 10:30 Cornhole  
 1:00 Men's Pool  
**4:00 Friday Frolics**  
 - **Fred Peters**  
 6:00 Duplicate Bridge

## SATURDAY

**4** *Beauty Shop*  
 2:00 Hearts  
 6:00 Bridge

**11** *Beauty Shop*  
 2:00 Hearts  
 6:00 Bridge

**18** *Beauty Shop*  
 2:00 Hearts  
 6:00 Bridge

**25** *Beauty Shop*  
 2:00 Hearts  
 6:00 Bridge



# Sports, Games, and Activities

## Bingo



On Sunday afternoons at 3 PM cries of Bingo! are heard in our Pass-Time Room. What is going on? A marvelous game called Bingo that is especially beneficial for Seniors. This game—played at a pretty fast pace—improves hand-eye coordination, sharpens memory, requires concentration, and results in the release of dopamine—a feel-good chemical. It is played in a group and is fun, so players receive the benefits of laughter and socialization.

Bingo is a game of chance played with a card. At the Lodge, players pay 50 cents for a card. Each card has 25 white squares arranged in 5 vertical columns and 5 side-to-side rows. Each square has a number, except for the middle square, which is “free”. Across the top, the letters B I N G O identify the columns. The game host or caller draws lettered and numbered balls at random from a small container. If a player’s card has the letter and number called, the

player moves a little lever down, which reveals the same number, but on a red square instead of a white one. When a player finds that the selected numbers are arranged on their card in a horizontal, vertical, or diagonal line, they call “Bingo!” meaning they have a winning card. They collect money from the Pot and a new game begins.

Here, the final game of the day is a black-out game, meaning the winning player must have covered the whole card with tiles to win. The winner of this game has the honor of being the caller next week.

If you are interested in improving your physical and mental skills and having a lot of fun, come to the Pass-Time room Sunday afternoons at 3 PM and join the players, some of whom are shown here.



## Pool Champs



**Billiard Belles: April Winners Mimi Ferguson and Darlene Treanor**



**Co-Ed: March Winners Mark Pullen and Bev Howe**



**Men's 8-Ball: April Winner Hal Gronewold and Runner-Up Dave Proudfit**

## *Around the Lodge*



## *A Warm Welcome to our Newest Members!*



**Artis Reis and Mark Smith**  
927/201

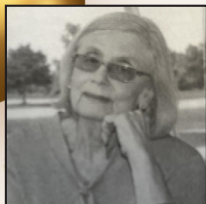


**Marsha Fitzhugh**  
907/211

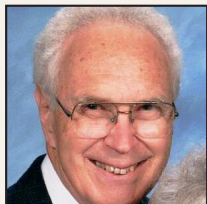


**Barb VandeVenter**  
927/308

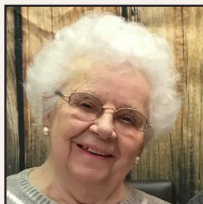
## *May Birthdays*



**Nora Kirchner**  
5/1



**Don Wenger**  
5/4



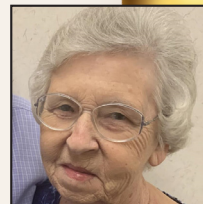
**Dee Zolnosky**  
5/6



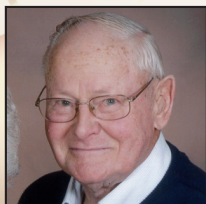
**Tom Allen**  
5/9



**Artis Reis**  
5/15



**Carol Crow**  
5/17



**Lee Dadisman**  
5/17



**Carol Adams**  
5/18



**Marilyn Titus**  
5/18



**Jim MacLean**  
5/21



**Ken Carlson**  
5/21



**John Schwemler**  
5/24

## Movies on Tuesdays at 2:00 PM

- 7 Stanley & Iris** 1990 PG-13 1h44m  
*Jane Fonda, Robert De Niro*  
 Iris has a broken heart after the death of her husband, but she needs to support her family, so she takes a job at a bakery. Stanley, a cook in the bakery, comes to her aid after she is mugged. When she realizes that he can't read, she begins to teach him. His strong, yet gentle, kindness begins to heal her broken heart.
- 14 About a Boy** 2002 PG-13 1h42m  
*Hugh Grant, Rachel Weisz, Toni Collette*  
 Will, a rich, irresponsible Londoner, invents an imaginary son and attends single-parent meetings to meet women. Through this, he meets Marcus, an odd 12-year-old. Gradually, Will and Marcus become friends, and as Will teaches Marcus how to be a cool kid, Marcus helps Will to finally grow up.
- 21 Brooklyn** 2015 PG-13 1h11m  
*Saoirse Ronan, Domhnall Gleeson, Emory Cohen*  
 Lured by the promise of America, a young Irish woman leaves Ireland and the comfort of her mother's home for 1950s Brooklyn. She finds love and builds a life there, but when she returns to Ireland to help her mother, she is torn about whether to stay in Ireland or return to New York. Which place is home for her?
- 28 Black Beauty** 1999 G 1h28m  
*Sean Bean, David Thewlis, Andrew Knott, Alan Cumming*  
 Anna Sewell's novel Black Beauty has been one of the world's most beloved animal stories since its 1877 publication. The story is told by its hero, a remarkable horse whose joyous and heartbreaking life takes him from an idyllic country life to the streets of London. A tearjerker with a peaceful resolution.

## Newsletter Staff and Guests

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Kathy Ferguson

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...and many other  
contributing  
Members.